

LUNCH

FRIDAY, OCTOBER 9, 2026

CHICKEN STRIPS * 2 strips

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
312	425mg	31g	17.5g	6g	97mg	1g

ZESTY “PICKLE” CHICKEN STRIP 1 strip

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
160	590mg	13g	6g	13g	30mg	0g

GRILLED COD W/DILL SAUCE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
190	200mg	19g	12g	3g	57mg	0g

CHIK’N STRIPS 2 strips coconut oil, pea protein

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
180	310mg	10g	9g	15g	0mg	1g

MAC & CHEEZE cashew coconut oil gluten-free pasta

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
405	385mg	20g	11g	57g	0mg	4g

* gluten-free strips available upon request

